



INDIAN QUEENS PRIMARY SCHOOL

TO ALL PARENT/CARERS OF YEARS 5 AND 6 CHILDREN

Change and Puberty Project

As part of the Personal, Health and Citizenship Education (PSHCE) programme, children in Years 5 and 6 learn about growing up, including studying the development of the human body, change and puberty. As in the past, the programme of work will involve visits from the nurse, Sarah LeVien, including discussions focusing around Sex and Relationship Education (SRE).

We believe that every child should be well informed in these areas, but if you have any concerns about this work, you have the right to withdraw your child. May we, however, strongly advise that you discuss the situation with your child's teacher prior to taking any decision to withdraw your child? Clear information from a health professional experienced in supporting children to understand the changes they experience, and answering their questions, is the best way for children to gain the skills and knowledge they need to cope with puberty.

If conversations or issues arise from this work and you would like advice as to how to support your child, please do not hesitate to contact the school. Many thanks.