



IF I HAD MY CHILD TO RAISE OVER AGAIN

**If I had my child to raise over again,
I'd finger paint more, and point the finger less.
I'd do less correcting and more connecting.
I'd take my eyes off my watch,
And watch with my eyes.**

**I would care to know less, and know to care more.
I'd take more hikes and fly more kites.
I'd stop playing serious, and seriously play.
I would run through more fields,
And gaze at more stars.**

**I'd do more hugging and less tugging.
I would be firm less often, and affirm much more.
I'd build self-esteem first and the house later.
I'd teach less about the love of power,
And more about the power of love.**

*Diane Loomans
Full Esteem Ahead
H.J. Kramer*